PLAY IT SAFE

LEADERS
SOLDIERS
FAMILIES

- Wear sunglasses with total UV protection
- Wear wide-brimmed hats, long sleeved shirts and pants
- Avoid direct sun exposure as much as possible during peak UV radiation hours between 10:00 a.m. and 3:00 p.m.

IN THE SUN!

SAFE Summer

U.S. ARMY
ARMY STRONG.

U.S. ARMY COMBAT READINESS/SAFETY CENTER
https://safety.army.mil

ARMY SAFE is ARMY STRONG

A BAND OF BROTHERS & SISTERS