

# GEAR UP! FOR THE SLOPES!



## SKI SCHOOL

- Wear a helmet. Wearing protective headgear while skiing makes good sense.
- Wear ski goggles that fit properly around your helmet.
- Ski with a friend. It's always safer to ski with a friend so he can watch out for you and vice versa. Prearrange a meeting place in case you get separated and use walkie-talkies to stay in touch.
- Do not ski trails that are above your skill level.

ARMY SAFE  
**FALLWINTER**  
NO TIME TO CHILL



ARMY STRONG



U.S. ARMY COMBAT READINESS/SAFETY CENTER

ARMY SAFE  
IS ARMY STRONG



A BAND OF BROTHERS  
& SISTERS