

## Questions for Training Related Deaths

In addition to a thorough investigation that includes medical and command issues pertinent to management of exercise and risk of exertional death, please address the following areas in your report:

Did the soldier have a previous history of heat illness or any medical condition which may have been a contributing factor (if Applicable)?

What was the soldier's exercise/activity history from the previous 48 hours?

What was the wet bulb from the previous 48 hours (if applicable)?

What were the soldier's dietary habits from the last 48 hours?

What were the soldier's height, weight, and age?

What was the soldier doing (activity) when the incident occurred?

How long (hours/minutes) was the soldier participating in the activity before the incident occurred?

What type of activities/exercises did the soldier participate in before the incident occurred?

What was the soldier's previous PT record (if applicable)?

Was the soldier taking any medication or supplements? If so, what were they, how often was he/she taking them, and how long were they using them?

What was kind of clothing was the soldier wearing during the incident?

How much sleep had the soldier received in the last 48 hours?

What were the soldier's hydration habits over the last 48 hours?

What was the soldier's core body temperature?

Were blood test taken to determine exertional heat illness?