FROM THE

ARMY COMBAT READINESS/SAFETY CENTER

Labor Day 2010

The upcoming Labor Day holiday is a time for our nation to honor the hard work and dedication of the men and women who keep the United States at the forefront of global industry. It is also an opportunity to honor you—our nation's defenders—for your service in maintaining the freedoms that allow the American work force to thrive. Thank you for what you do every day.

Labor Day is also a period of transition. While marking the end of summer, Labor Day ushers in the beginning of fall and all the fun activities cooler weather brings. This extended holiday weekend will allow you to experience the best of both seasons, whether it's one last trip to the beach, a long motorcycle ride to enjoy the milder temperatures or traveling to tailgate and cheer on your favorite football team. Wherever your holiday plans take you, keep safety in mind and always play it safe in everything you do.

During Labor Day 2009, our Army lost three Soldiers to off-duty accidents: two in privately owned vehicles, and one in a negligent discharge incident at a private residence. This year, we must remain vigilant to ensure everyone makes it back to formation after the weekend. Take responsibility for yourself and your buddies—always wear your seat belt or personal protective equipment, follow speed limits and offer to be the designated driver when plans include drinking. Also remember that alcohol impairs more than just driving abilities; if you or your buddies have had too much to drink, walking home might not be a safe option. Call a cab or stay at a friend's place until you are able to get home safely.

The seasons are changing, but remember to think safety always. Enjoy your time off, and thank you for helping keep our Army Safe and Strong!

CSM Michael Eyer
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Commanding